



12 PERSONAL JOURNEYS Monkeys and more along the Amazon.



9 FORAGING In Cape Town, exploring a Technicolor enclave.



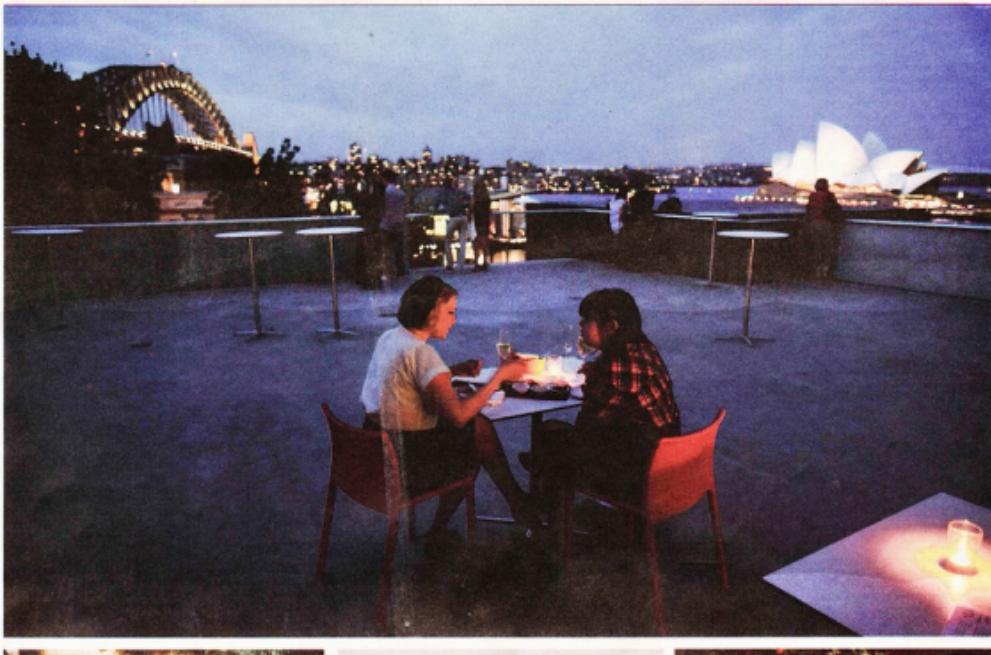
5 ESSAY Savoring the details, cameras in hand.

DISCOVERY | ADVENTURE | ESCAPE

SUNDAY, APRIL 13, 2014

Travel

The New York Times



TOP: AUSTRALIAN QUOTED BY THE NEW YORK TIMES; BOTTOM FROM LEFT: MARGUERITE JACOBY FOR THE NEW YORK TIMES; DAVID HORNIG FOR THE NEW YORK TIMES; ANDREW GOLDBECK FOR THE NEW YORK TIMES; PHOTOS BY ERIC LIMA FOR THE NEW YORK TIMES

Out of the Sun, Sydney Still Shines

There's a lot going on inside that opera house, and culture thrives away (but not too far away) from the beaches.

By TONY PERROTET

Theodore Roosevelt's Museum of Natural History, we had seen, according to the tally kept by my 9-year-old, Sasha, dozens of species of animals. We had peered at leafcutter ants, army ants and garter snakes. We had been deafened by howler monkeys, and gawked at the apes — monkeys and strangely stirred by capuchin monkeys, whose teeth bear an eerie resemblance to human teeth. That afternoon, in the national park that covers a third of the peninsula, we had come upon two tapiro-sized mammals that look like hornless rhinoceroses with long snouts.

To sample this extravaganza of biodiversity,

Australian for redneck — depicting swelling, happy-go-lucky folk barbecuing steaks at the beach.

I protest to friends in vain that Australia has a lot more to offer than rampant hedonism and cuddly koalas. Its cities are more sophisticated than ours. And dare I say, sophisticated. Its museums are packed, its cultural life rousers, and endless arts festivals clutter the social calendar.

The gulf between image and reality is

most extreme in Sydney, my hometown, which is renowned for its Rio-like natural beauty. It's also known for the Sydney Opera House, an instantly recognizable piece of architecture — though few Americans seem to consider that opera is actually art.

Sydney exports planeloads of stars to Hollywood — even though, because of their talent for accents, many aren't recognized as Aussies. For me, the final straw came before the last Academy Awards,

when I had to spend half an hour convincing a New York-based magazine editor that Cate Blanchett, until recently the co-artistic director of the Sydney Theater Company, is, not, in fact, British. I began to feel the need to update my own view of the city, and to gather ammunition for dinner parties.

And so, as the polar vortex was enveloping the United States and Australia was basking in the glow of the antipodean

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EXPLORER | COSTA RICA

When Is 'Wild' Wild Enough?

On the Osa Peninsula, leaving tourist areas behind in search of a rain forest adventure.

By ERIC LIMA

By the end of our fourth day on the Osa Peninsula of Costa Rica, we had seen, according to the tally kept by my 9-year-old, Sasha, dozens of species of animals. We had peered at leafcutter ants, army ants and garter snakes. We had been deafened by howler monkeys, and gawked at the apes — monkeys and strangely stirred by capuchin monkeys, whose teeth bear an eerie resemblance to human teeth. That afternoon, in the national park that covers a third of the peninsula, we had come upon two tapiro-sized mammals that look like hornless rhinoceroses with long snouts.

After we had risen early each morning of our vacation. So when our guide informed us that we would be heading back to San José in time to catch a flight home at 1 p.m., I — the motivating force behind, and thus bearer of responsibility for this trip — glanced apprehensively at my family and said, "We'll sleep?" I said brightly.

"I had shepherded Sasha and my husband, Scott, to Osa in hopes of a tropical wildlife experience that was, in fact, wild. But as we crawled into our tent that night, the exhaustion from which I had no reluctantly cleared sleep was starting to look more inviting.

Costa Rica, home to large tracts of untouched yet accessible rain forest, had become the most interesting place to go to see in nature for a week in February. On Facebook, people responded with the Costa Rican phrase "pura vida" ("pure life") at the mere mention of the country. We had

admired photographs of bright-colored birds, frogs and butterflies from the previous day. And we had learned that Osa could be reached by direct flight from New York. The ubiquitous "canopy tour" through the treetops seemed a great way to indulge Sasha's love of climbing.

But as a responsible parent who goes to the West Virginian-size country, I wanted to inspect that its popular ecotourist destinations might not quench my yearning for the untrained. On TripAdvisor, phrases like "overdeveloped" and the less-charitable "Disneyfied" arose in reviews of the esteemed Monteverde Cloud Forest in the central highlands. Manuel Antonio National Park on the central Pacific Coast, widely loved for its beaches and restaurants, was reported to be for tourists with children. The many people who can explore the rain forest without destroying it the better, of course: The 70,000 or so who visit a sliver

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THE AUTHOR AND HER DAUGHTER IN A POOL NEAR THE RAINFOREST.

Sunsets and Pink Dolphins Along the Amazon



Skiff excursions and jungle walks, hot showers and cold drinks, on a luxury river cruise.

By MARY BILLARD

Sitting on the deck of a small cruise ship called the *Aqua*, I listened to the never-ending roar of the Amazonian rain forest beside me. I was a passenger on a river cruise, a fellow passenger whom I had just met the day before. As the sinking sun bled into the darkening sky and the river banks along this tributary of the Peruvian Amazon turned from green to black, I heard the muffled roar of *Lamia* in the *W*, and the *W*, then lapsed into silence. The moment was all the sweeter because we were playing hooky from an outing to view nocturnal birds, opting for perfectly chilled white wine over mosquitoes.

Our solitude was interrupted when a young Peruvian man in Army fatigues, who balanced a gas can at his hip, strode by. My worldly shipboard friend raised a quizzical eyebrow.

The armed escort, fortunately, was not a response to a specific threat. In 2008, the luxury river-speed cruiser ship was boarded by armed pirates who robbed the passengers of cameras, cash and jewelry. Ever since then, the *Aqua* and its sister ship, the *Aria*, have been accompanied by three armed guards, part of a Peruvian river patrol force that includes a dozen or so gun-toting marshals Policia De Tropas that follows the ship. So far, there have been no other incidents.

Luxury cruising through the Peruvian Amazon region is a rare and expensive experience, not surprising, since operating a properly equipped river boat is a big challenge. In addition to *Aqua Expeditions*, which operates the 12-passenger *Aqua* and the 14-passenger *Aria*, there is Delfin Amazon Cruise, which also has small ships (one with only four suites). Our boat has 12 double rooms, each with a balcony and terrace; it was once a bachelors' in a Conde Nest Traveler fashion spread, with models covered in bangles, scarves and flowing dresses draped on the deck chairs. In contrast, my cruise mates were light-weight travel clothes and sensible shoes. The women were wearing as much of the rich Amazonian flora and fauna as they could on our four-day trip.

Our mid-May voyage had started the day before in Iquitos, a port city on the Amazon that can be reached only by plane (or a slow, eight-hour bus ride) or the more adventurous, a river journey. My husband and I had opted for the former, meeting most of our fellow travelers at the Iquitos airport before embarking by bus to the *Aqua*. The room in Iquitos was a simple inn with a group of local compatriots called motocars, and were mucky, still swamped from the record high tide during the rainy season.

Before boarding, the group went on a stroll at dusk down the riverfront walk. Many of the buildings were made of wood. A few of the buildings we passed had elaborate grilled terraces, remnants of a colonial boomtown surrounded by rubber plantations. The 1882 Werner Herzig novel, "Flacarralito," was based on a local historical figure and family in the area, and there is a popular bar named after the would-be opera impresario and rubber baron.

THEN WE BOARDED THE *Aqua*, which would be our home for the next three nights as we cruised down the Amazon and its many tributaries, making our way to the Pacaya-Samiria National Reserve, one of the largest protected areas in Peru.

For the most part, my fellow travelers were experienced, passionate, knowledgeable naturalists and birders, some from the United States, others from Canada, and then a group from Natural Habitat Adventures, a travel partner of the World Wildlife Fund. Most were armed with state-of-the-art binoculars and telephone lenses the size of binoculars. A nature-travel neophyte, I was a bit worried about what came next. I soon learned, however, that even the most serious wildlife lover is prone to cruise antics, such as a conga line fueled by pisco, a potent grape brandy.

The early mornings and late afternoons, when it was hot humid and often slightly rainy, were my favorite, though excursions in aluminum skiffs. The boats carried a maximum of 10 passengers, along with one of the ship's three naturalists who kept an eye out for animals hidden in the mangroves, kapok and Brazil nut trees.

On the first morning, one of the skiffs stopped it close to the shoreline, and we sat quietly as the guide pointed out a sloth and explained so voice how it conserves energy by moving slowly as it lumbered between the towering trees. The only other sound was the gentle chittering of birds.

Later, we would see squirrel monkeys leaping from tree to tree. The mammals, accessible and charming, proved to be a gateway drug to the birds, which, for me, were a revelation. The naturalist patiently



INTO A REMOTE RAIN FOREST

Aqua Expeditions has two ships that explore the Peruvian Amazon. The *Aqua Amazon* three-night cruise starts at \$2,650; the seven-night cruise starts at \$6,650. The *Aria Amazon* three-night cruise starts at \$3,000; the seven-night cruise starts at \$7,000. Rates are per person based on double occupancy, and do not include flights. Cruises run year-round. Information: aquaexpeditions.com.

showed me how to use my rental field glasses, moving my gaze from branch to branch until I found my visual prey. Eventually, I spotted some macaws flashing their Technicolor plumage as they circled around and returned to the towering trees — a sight that was worth the harassment of my skipper mates: "These bastards really work, Beautiful!"

The excursions offered a strong sense of place. We explored estuaries and were enveloped in the humid rain forest. The sun was a blinding orb, and we could either sit on, alternatively, pedaled on paddle during sudden rainstorms. We visited a local village where we sat in a one-room school in giant-size chairs, listening to the children sing.

Then we returned to the creature comforts of hot showers, air-conditioning, an attentive crew, hammock lazing and nonstop dining on everything from Thai food to the local fare like Amazon beans, tiger catfish, Andean trout, ribbons of hearts of palm and a variety of cooking of cassava and other local fresh fruits.

Between excursions, I relaxed happily in my cabin, listening to the soundtrack of "The Mission" — the 1986 movie filmed in the rivers and jungles of South America — on my iPod. I lay on my bed watching the jungle canopy through the window, past the panoramic picture window, the river, by turns gray and brown; the dense jungle canopy; and, above it all, overhanging white clouds and a smattering of blue sky.

ON THE SKIFFS, entranced by my surroundings, I only vaguely noticed in when the guides provided information on the various species of birds which included vultures, parrots and toucans. But my cabin mate, a conservationist, gave the excursion folder, "Wildlife Checklist" given to each guest. What did we see? Was it a black vulture, coragyps atratus, known locally as a gallinazo negro? Or the rarer king vulture, sarcoramphus papa? Or the pink-necked condor, *Anhima*? I wondered whether I had actually spotted a cobalt-winged parakeet.

On our second morning, I wake before sunrise and drank my coffee next to the bridge.

The sun was a band of blazing light on the horizon that cast a pink reflection on the water. A curtain of gray clouds battled for control of the sky. Gazing at the water, I saw the familiar elegant arch of a dolphin and the rings it created as it dived beneath the water. On the surface, I did not even know that such creatures as river dolphins existed. I saw more and more of the fleeting arches. And appropriately, given the morning's pink-on-gray color scheme, I was granted to find two river dolphins in the pinkish water (pink dolphins and pink otters).

Andrea Reynolds, an adventure specialist and expedition leader for Natural Habitations, later told me that she was shocked to see so many riverine dolphins. Ms. Reynolds was the perfect companion, writing to indulge in a post-breakfast walk on the deck and a knowledgeable animal enthusiast on the jungle walk and staff excursions. "Cruising on a boat, you know there are things in the scenery you can only imagine," she said.

"It was excellent to get out and see the different species of birds and the various Amazon frogs, that you don't see floating. She did not mention the anaconda, which are other lucky group of travelers ram into on an excursion."

It has been almost a year since my journey, and I still find myself longing to book the Peter Houghtaling's "At Peace in the Fields of the Lord," about missionaries, mercenaries and halibut fishing in the South American jungle, and Redmond O'Hanlon's "In Trouble Again: A Journey Between the Amazon and the Andes." His narrative is a remarkable journey in a difficult cause. "The Mission" soundtrack is in frequent rotation on my playlists. I even notice there are birds in Manhattan. One of my iPhone photos — a river view below a golden sunset — is a picture of a bright orange bird, a macaw. I keep staring at close-ups of two birds that a new friend when I met on the cruise posted on Facebook. Bright orange chess and bright blue wings. I think they are macaws.

PHOTOGRAPH BY NATURAL HABITATIONS; INFERIOR RIVER CRUISE COURTESY OF ARIA; SQUIRREL MONKEY COURTESY OF ANDREA REYNOLDS; TOWCAN, PRINCE MARK DAVID HERZOG; FROG, ANDREA REYNOLDS

Above, from top, scenes on a river cruise: A skiff heads for shore from the *Aqua*, a small ship that plies the Amazon, a malevolent tiger heron; squirrel monkey; Hylo tree frog; white-throated toucan. Above right, from top: A guide points out some birdlife on a shallow lagoon from a skiff; the *Aqua*, with picture windows, which the author took on her four-day cruise as one of 24 passengers.