

# 1<sup>st</sup> Life

July/August 2014

**INSIDE**  
Highlights from this  
month's in-flight  
entertainment  
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## THE HOLIDAYS ISSUE





# WHERE WOULD YOU LIKE TO GO?

Whatever you're looking for from your holiday, we've  
got it covered. By **Sunshine Flint**



**Rocky perch**  
Fogo Island Inn  
off the coast of  
Newfoundland



## DO YOU WANT TO GO TO THE ENDS OF THE EARTH?

If it's remote and off the grid, requires multiple modes of transport and has unspoiled and untrammelled vistas, then it's the place for you. Only whales have a better view of the remote North Atlantic than the Fogo Island Inn, a strikingly modernist structure perched on the rocky coast of Fogo Island off the coast of Newfoundland. From each of the 29 swanky suites, all decorated by local carpenters and craftspeople, you'll see whales, icebergs, all kinds of seabirds and the endless horizon, where sea and sky meet. [fogoislandinn.ca](http://fogoislandinn.ca)

Sitting at a much warmer latitude, Ariara Island in the Philippines' Calamian Islands is a private retreat of the first order, with white-sand beaches, lush vegetation and palm trees, all lapped by crystal clear waters. The main lodge and villas accommodate up to 18 guests per week, and the 30 staff include dive

instructors, a spa therapist and a chef. [ariara island.com](http://ariara island.com)

The new Pikaia Lodge on Santa Cruz Island in the Galapagos means you can now stay in eco luxury in the heart of the national park. Perched atop an extinct volcano crater near a private giant tortoise reserve, the lodge has an infinity pool, a spa, a yacht for day trips and a 35ft chartered fishing boat. [pikaialodgegalapagos.com](http://pikaialodgegalapagos.com)

For a different type of cruise, step aboard the **Aqua Mekong**, launching in August, which will take you from Ho Chi Minh City to the heart of Cambodia in true style. The 20 plush suites have floor-to-ceiling windows, the better to watch your progress from the vast Mekong Delta to Phnom Penh and Siem Reap. [aquaexpeditions.com](http://aquaexpeditions.com) **BA flies (via codeshare) to Manila, Guayaquil and Ho Chi Minh City from London Heathrow**

### WHERE I'M GOING

Leading interior designer **Tara Bernerd** travels constantly between the US, Europe and Asia for her work, so she says her personal trips are often fairly impromptu: 'This summer I'll certainly travel to Istanbul for a few days to visit friends and spend time on the Bosphorus, and then take the new sea plane from the Golden Horn straight to Bodrum and stay at my dear friend Sahir's hotel Macakizi. If work permits I'll steal a little more time out for myself and head to Harbor Island in the Bahamas to totally switch off and then head back via Los Angeles to switch back on.'