

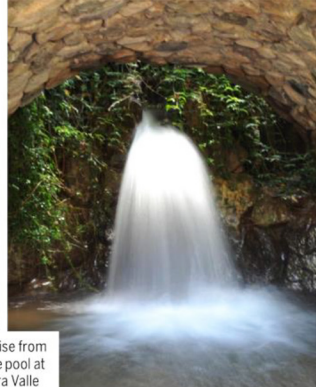
BEDGOLDORF

FALL 2018 COLLECTION



GOODMANN

BG on LOCATION



Clockwise from left: the pool at Explora Valle Sagrado; a waterfall in the Sacred Valley; Belmond Hotel Rio Sagrado



Aqua Expeditions—which runs a rainforest river cruise up the Amazon—is working with a group of local fishermen to ensure the native Paiche fish are farmed responsibly as part of a growing “rainforest to table” movement.

“Latin American countries have generally turned their backs on the Amazon and have undervalued its cultures and its biological riches,” says Pedro Miguel Schiaffino, the consulting chef aboard Aqua Expeditions’ Aria Amazon and owner of Ámaz and Malabar in Lima. “But for gastronomy, the Amazon’s unexplored pantry, the high quality of its products, its traditional cooking techniques and the importance of its native communities’ culture are an incredible frontier.” This fall, Schiaffino will lead a new four-day journey aboard the Aria, taking guests to markets throughout the region and working with them to prepare meals at night.

Sustainability efforts are being noticed outside the country, too. Peru is home to 80 percent of the world’s population of alpaca, the South American cousin to the llama, and they’re not just a fun trilside spectacle. More and more luxury brands—including Isabel Marant and Stella McCartney—are incorporating alpaca into their collections for its extreme ecofriendliness

(the animals eat and drink less per pound than any other livestock and their fiber is naturally lanolin-free). Belmond’s Andean Explorer, South America’s first luxury sleeper train, relies heavily on alpaca textiles, and is one of the best ways to see both the country and the animal. The ride starts in Cusco, travels through the Andean plains and ends in the former capital city of Arequipa, known for its baroque buildings made of white volcanic stone.

While Cusco remains the gateway city to both Sacred Valley and Machu Picchu, the Valley’s more moderate elevation at 9,500 feet—some 2,000 feet lower than in Cusco—makes for easier acclimatization and generally milder temperatures. “Our guests enjoy one of the best climates in the Cusco region,” says José Koechlin, president and founder of Inkaterra. “It’s an ideal place for a relaxing vacation, while also being a perfect spot for adventure.” The good news, of course, for those still interested in Machu Picchu—and it is one of the New Seven Wonders of the World—is that you can get there from the Sacred Valley—all lodges in the area offer Machu Picchu outings. But chances are good you’ll be glad to get back. 