

Mekong Flavors Masterclass

INGREDIENTS

Grilled chicken with Cambodian lime and pepper sauce

Ingredients to marinate

Chicken 1kg

Lemongrass, chopped 3 tbsp

Dried turmeric 1 large pinch

Sea salt
Peeled garlic
Ground white pepper

1 pinch
2 tbsp
1/2 tsp

Fish sauce 2-3 tbsp or to taste

Ingredients to baste

Coconut cream

Oil

Turmeric powder

2 tbsp
1 tbsp
1 pinch

Ingredients for lime and pepper sauce

Freshly ground black pepper powder 1 tbsp
Lime juice 2 tbsp
White sugar 2 tsp
Chopped garlic 1 tsp

Fresh cucumber salad

Ingredients for syrup dressing

White vinegar

White sugar

1/4 cup

Water

Sea salt

1/4 cup

1/4 cup

Ingredients for cucumber salad

Small asian cucumbers, washed and sliced 3 or 4 Red shallots, finely sliced 4 or 5 Ginger, julienned 2 tbsp

Coriander leaves, chopped 1 large pinch



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Stir-fried cabbage with fish sauce, dried prawns and garlic

1 tbsp Garlic clove, peeled 1 pinch Salt Oil or lard 1 to 2 tbsp 300g Cabbage leaves, torn (wilted is best) Dried prawns 2 tbsp Water 1/4 cup Fish sauce 2 tbsp White sugar 1 pinch Ground white pepper 1 pinch

Mango and sticky rice

Ingredients for sticky rice

Sticky rice 1 cup or 250g
Pandanus leaves 2

Coconut cream 1/2 cup
Castor sugar 1/2 cup

Salt 1 pinch or to taste

Ripe mangoes 1 or 2

Sweetened coconut cream 3 or 4 tbsp

Ingredients for sweetened coconut cream

Rice flour
Coconut cream
1 tsp
1 tbsp
Salt
1 pinch

Pandanus leaf

White sugar 1tbsp or to taste

Coconut cream 1/2 cup